

**Parent Seminars 2019/20 –
Effective Parenting Skills for Child Behaviours
(Code: 1914) (1/11/2019)
Video links **

Video Titles	Length	Links (Please click the links below to access the videos) (in Cantonese only)
1. Belief behind behaviour	13 min 5 sec	https://youtu.be/ELUAhRFzGS4
2. Basic concepts of Positive Parenting	3 min 5 sec	https://youtu.be/wcXtNklIcMY
3. Understanding the nature and functions of behaviour	7 min 33 sec	https://youtu.be/yPHTgYQKEUQ
4. Practical Strategies (1), (2) – No bribing and Set up a behavioural plan	4 min 16 sec	https://youtu.be/lqSuXHU15-c
5. Practical Strategies (3) – Tips of using reinforcement	7 min 11 sec	https://youtu.be/OVpPWydypeQ
6. Practical Strategies (4), (5), (6) & (7) – Develop self-regulation, Use of a timer, Minimise negative behaviours and Importance of generalisation	9 min 39 sec	https://youtu.be/yRm9jDWXicI